

# LEADERSHIP TOOLKIT

*This toolkit is designed to help leaders learn about the autistic experience and amplify autistic voices.*



## EDUCATE YOURSELF

### CONSIDER:

**How curious and humble am I about my understanding of autism?**

### TRY THIS:

Take a disability inclusion training (e.g. [EARN trainings](#)).

Commit yourself to continually learning more about inclusion.

Diversify your sources of learning to include autistic voices, neurodiverse sources, etc.

Recognize your own unconscious biases around neurodiversity and disability.



## AMPLIFY VOICES

**How can my position of influence be used to empower people with autism?**

Use your platform to build awareness of autistic individuals' work and talents.

Pay autistic people for sharing their unique lived experiences, skills, and knowledge.

Share the microphone as often as possible.



## DISMANTLE STIGMA

**How committed am I to actively debunking damaging stereotypes about people with autism?**

Support the autistic adults in your life as they use their unique strengths and talents regularly.

Call out/call in ableist comments, policies, etc.

Cultivate a growth mindset so you can gracefully accept and respond to feedback regarding inclusivity.



## TAKE ACTION

**In what ways can I more deeply listen, more wisely speak, and regularly catalyze positive change for the autistic people in my life?**

Use the Dialogue Toolkit to host facilitated conversations or listening sessions.

Leverage your power as a leader to make your sphere of influence more neuro-inclusive.

Show up for neurodivergent people in your life - make bold moves to support them and help them thrive.

*For more information, scan this code (point the phone camera at the code, then tap the link that pops up to load the website).*

